

# DOINGWHATWORKS



SAMPLE MATERIAL

## Targeted Social-Emotional Programs

Western Hills University High School, Ohio

**Topic:** Dropout Prevention

**Practice:** Social/Behavior Programs

These two letters are used to inform parents that their son or daughter needs to participate in one of the school's social-emotional programs. The Young Women Writing for a Change program is a workshop using the art of writing and the practices of community as a means of self-expression and self-advocacy. The Controlling Myself program is an anger management workshop; students are introduced to techniques that address personal anger challenges. These programs teach students strategies to strengthen problem-solving and decision-making skills.

## Western Hills University High School

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School Psychologist  
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Parent/Guardian:

October 1, 2008

Western Hills University High School has identified your student as a student that would benefit from participation in our Young Women Writing for a Change group. The goal of the program is to create a, safe, inspiring camp workshop program, using the art of writing and the practices of community. Students will be encouraged to use writing as a means of self-expression, self-reflection and self-advocacy. The program will meet for a sixty-minute segment weekly for ten sessions. The group will be from 1:15 to 2:15 every Tuesday. They will be given a pass to use with their bus cards to catch a regular metro. Below is a scheduled list of dates:

October 7	November 18
October 14	November 25
October 21	December 2
November 4	December 9
November 11	December 16*

\*Session is only for students who successful complete the program.

Your student's participation and successful completion in the Young Women Writing for a Change program is mandatory. Successful completion includes, but is not limited too, 80% attendance and satisfactory completion of all group activities.

The group is sponsored by Women Writing For a Change Foundation and Faces Without Places Program. I will co-facilitate the program with a representative from Young Women Writing for a Change.

If you have any questions or concerns feel free to contact me at any time. **If you do not want your child to participate you must contact me with your decision.**

Thank you,

Steffani Slone  
School Psychologist  
Western Hills University High School

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November 3, 2008

Western Hills University High School has identified \_\_\_\_\_ as a student that would benefit from participation in our Controlling Myself program. The goal of the program is to assist students in the management of anger, impulses and peer/adult conflicts. Students will be introduced to a variety of techniques that are successful in addressing personal anger challenges. The program will meet for a forty-five minute segment weekly for six sessions. Below is a scheduled list of dates:

Thursday, November 6  
Tuesday, November 13  
Thursday, November 20

Thursday, December 4  
Thursday, December 11  
Friday, December 18\*

\*Session is only for students who successful complete the program.

Your student's participation and successful completion in the Controlling Myself program is mandatory. Successful completion includes, but is not limited to, 80% attendance and satisfactory completion of all group activities.

Project GRAD provides our school with a Campus Family Support Manager (CFSM) to assist our students and families with any non-academic barriers to success. Angela Harris is our CFSM. She is a Licensed Counselor and has many years of experience working with families and adolescents. Mrs. Harris and I will co-facilitate the Controlling Myself program. Enclosed is a permission slip for your student to participate in the program. Please have your child return it to Mrs. Harris or me as soon as possible.

If you have any questions or concerns feel free to contact me at any time. **If you do not want your child to participate you must contact me with your decision.**

Thank you,

Steffani Slone  
School Psychologist  
Western Hills University High School